

# Gateway Fellowship's Weekly Newsletter

Week of: July 14, 2019 - July 20, 2019

## Sermon - July 14, 2019

### [The Problem of Emotionally Unhealthy Spirituality](#)



## Emotionally Healthy Spirituality

*Want to go deeper?*

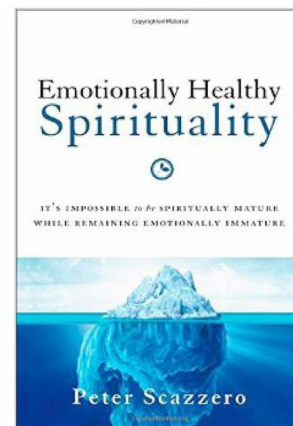
Join us this Sunday as we continue our Sermon Series, "*Emotionally Healthy Spirituality*".

Check out these resources, and read along with the series!

Book: <https://amzn.to/2YmUVoq>

Workbook: <https://amzn.to/2Xmu6Ew>

Day-by-Day Devotional: <https://amzn.to/2XifHcg>



## Gateway Fellowship T-shirts!

*Gateway Fellowship t-shirts are now available!*

We are not taking custom orders right now, but have a variety of sizes available in Men's and Women's styles. See Sharon or Kami if you are interested!

**\$15 each**

Proceeds go towards this years Mexicali Mission Trip to fund backpacks, festivals and homeless outreach.

You may also submit your payment online [here](#).

- Select General Fund
- In the Note section, type Gateway T-shirt.

Let's wear our logo with pride!



# Faith & Family Night River Cats

There are still a few tickets available! Register today if you are interested!

**July 27, gates open at 4:30pm**  
**\$20 per person**

Events include:

- Concert
- Speakers
- Game starting at 7pm



If you have any questions, contact Kami Smelser at (360) 480-2345. **Register** [here](#).

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## Women's Retreat

***Growing closer: Timeless Truths for Real Relationships ... with God ... with others.***

Join us for a wonderful weekend GROWING CLOSER with God and with others. We'll have Bible-based teaching, free time to hang out with Gateway sisters, games, opportunities for nature walks, and no doubt quite a bit of laughter. Every cabin has its own restroom.

**August 16-18**  
**Capital Mountain Camp, Weimar, CA**  
**\$125/person**

**Register** [here](#).

If you have questions or need more information, contact Kathie Munro at [munrogk@gmail.com](mailto:munrogk@gmail.com) or 530-949-3776



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## Men's Advance

**KEYNOTE SPEAKER: Dr. Rob Reimer**

Join the men of Gateway for our Annual Retreat at Alliance Redwoods Conference Grounds. There will be messages for men, worship, fellowship, great food, tournaments, challenge courses, zip line tours, and breakouts with men from our church!

**September 27-29, 2019**  
**Alliance Redwoods**  
**Lodge Level: \$190/person**  
**Cabin Level: \$160/person**

**Register** [here](#).

If you have questions, contact Mike Swain at (916) 600-8546 or [Michael48471507@att.net](mailto:Michael48471507@att.net).



# Easy Ways to Give



## You can give your tithe using one of these easy ways:

1. **Bill Pay** - Set up bill pay with your bank.
2. **Use the App** - Download the tithe.ly app and link to Gateway Fellowship Sacramento.
3. **Mail a check** to our mailing address: 2121 Natomas Crossing Dr. #200-318, Sacramento, CA 95834
4. **Give in person** - Cash or check in the offering baskets.

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## Important Dates to Save:

Awana (mid-week children's ministry)	On Summer Break
Legacy (Youth Group)	Wednesday's, 7pm
Gateway Univ. Foundational Beliefs	June 3 - July 15
River Cats Faith & Family Night	July 27
Women's Retreat	August 16-19
Church Picnic	August 25
Men's Advance	September 27-29

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Gateway Fellowship | Meeting at: Discovery High School, 3401 Fong Ranch Rd.  
Mailing Address: 2121 Natomas Crossing Dr. #200-318, Sacramento, CA 95834  
[Visit our website](#)

Gateway's podcast site: [gatewayfellowship.libsyn.com](http://gatewayfellowship.libsyn.com)



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